

# Swimmers and Divers Code of Conduct

## Philosophy

The purpose of this conduct policy is to insure that every swimmer is provided an environment that allows them the opportunity to reach their individual goals.

- A swimmer's conduct at practices and swim meets should support every other swimmer's ability to learn and the coach's ability to teach other swimmers.
- Each swimmer should be committed to striving for their own goals and for the good of the team.

## Practice Expectations

1. Arrive and leave practices on time.
2. Notify coach if you are going to be absent or late.
3. Follow directions given by coaches.
4. Be positive and supportive of all team members.
5. Swim or Dive the complete practice to the best of your ability.
6. Bring your equipment everyday. Do not borrow from others.

## Meet Expectations

1. Be on-time for warm-up and events.
2. Stay to the end of every meet, to cheer for your team mates and to step up if you are needed in a relay.
3. Be supportive of all of your teammates.
4. Coaches will resolve any problems that may arise at meets.
5. Never challenge an official – let your Coach handle it.

## Behavior Expectations

1. Practice good sportsmanship at all times, with your teammates, your competitors, coaches, officials and spectators.
2. Support your teammates during practices and at competitions.
3. The use of inappropriate behavior, language, gestures or apparel is not acceptable.
4. Athletes should not participate in any form of harassment, hazing or bullying.
5. Athletes should be respectful of the MMP property and facilities as well as those of our competitors.